INSTRUCTIONS FOR TICK TEST KIT

EXPRESS Shipping Address (e.g. FedEx):

Human Tick Test Kit Program Army Public Health Center 8638 40th St., BLDG E5800 Aberdeen Proving Ground, MD 21010-5403 Telephone - (410) 436-5425

First Class Mail Address:

Human Tick Test Kit Program Army Public Health Center 8638 40th St., BLDG E5800 Aberdeen Proving Ground, MD 21010-5403 Telephone - (410) 436-5425

MEMORANDUM FOR HEALTH CARE PROVIDERS

This kit provides you with a quick, easy means of obtaining identification of ticks removed from patients, and testing for pathogens, including those that cause **Lyme disease**, **Rocky Mountain spotted fever (and other emerging human rickettsioses)**, **ehrlichiosis**, **anaplasmosis**, **ewingii ehrlichiosis**, and **babesiosis**. Different species of ticks transmit different diseases, and most tickborne diseases have very similar early febrile symptoms, knowing the species and infection status of the tick greatly enhances the physician's ability to accurately diagnose and treat the patient.

Please submit only ticks that have been actually attached to humans.

FILL OUT PAGE 1 of the accompanying data sheet "SUBMISSION OF TICK SPECIMENS FROM HUMAN TICK-BITE PATIENTS" and <u>RETURN IT</u>, with the USDA permit "UNITED STATES VETERINARY PERMIT FOR IMPORTATION AND TRANSPORTATION OF CONTROLLED MATERIALS AND ORGANISMS AND VECTORS" with the tick. We will contact you by telephone or e-mail with the results of identification and analysis, followed by written confirmation, so be sure to include a POC name, address, phone number and e-mail address.

Provide a sample identification number of your choice so that we can link our results to your specimen, but <u>DO NOT USE THE PATIENT'S NAME OR SOCIAL SECURITY NUMBER</u> as this information is protected by the Privacy Act, 5 USC 552(a), and the Health Insurance Portability and Accountability Act, PL 104-191, and is not permitted in our records.

Follow these instructions:

- 1. Place the tick in the vial.
- 2. Screw the cap onto the vial securely and seal it in the plastic bag.
- 3. Fill out page 1 of the data form "SUBMISSION OF TICK SPECIMENS FROM HUMAN TICK-BITE PATIENTS".
- 4. Place the data form, USDA permit and the plastic bag inside the preaddressed mailing envelope. Be sure to put your return address on the mailing envelope.
- 5. Mail immediately by First Class Mail or Express Shipping Service (e.g. FedEx).

NOTE: A surcharge of several cents above the regular FIRST CLASS POSTAGE is required for the Tick Test Kit. Make sure your installation mailroom includes this surcharge in the postage, or the envelope may be returned to you for "postage due" (tick testing will be significantly delayed).

6. Results of tick identification and/or analyses will be provided to you within a week of receipt of your tick specimens by this laboratory. Replacement kits are available upon request.

If you have any questions, or need more TICK TEST KITS, contact:

DSN 584-5425; CM (410) 436-5425; FAX -2037 usarmy.apg.medcom-aphc.mbx.tickcom@mail.mil